

2023 MIAC Women's Soccer Regional and National Awards

2023 United Soccer Coaches All-America

Pos.	Name	Institution	Class	Hometown High School	Team	Previous Selections
D	Piper Dean	Carleton	Jr.	Arlington, Va. Yorktown	First Team	--
M	Cate Patterson	Carleton	Sr.	Racine, Wis. Prairie School	Second Team	--
F	Ari Green	St. Catherine	Sr.	Hastings, Minn.	Second Team	--

2023 United Soccer Coaches All-Region IX

Pos.	Name	Institution	Class	Hometown High School	Team	Previous Selections
GK	Kate Praetz	St. Catherine	Sr.	Bolingbrook, Ill.	First Team	2021 (2T) 2022 (2T)
D	Piper Dean	Carleton	Jr.	Arlington, Va. Yorktown	First Team	--
M	Cate Patterson	Carleton	Sr.	Racine, Wis. Prairie School	First Team	--
F	Ari Green	St. Catherine	Sr.	Hastings, Minn.	First Team	--
M	Amanda Elton	St. Catherine	Sr.	Cottage Grove, Minn. Park	Second Team	2019 (3T) 2021 (1T) 2022 (1T)
F	Kathryn Kresse	Carleton	So.	Woodside, Calif. Crystal Springs Uplands School	Second Team	--
F	Jayla Ponce	Augsburg	Sr.	Kuna, Idaho	Second Team	--
D	Emily Hinze	St. Catherine	Gr.	Mendota Heights, Minn. Henry Sibley	Third Team	--
D	Abby Willenbring	Saint Benedict	Sr.	Lino Lakes, Minn. Centennial	Third Team	2022 (1T)
M	Cat Duffy-Shaw	St. Olaf	So.	Minneapolis, Minn. Holy Angels	Third Team	--
M	Sophia Robinson	Concordia	Sr.	Bozeman, Mont.	Third Team	--

2023 CSC Academic All-America Women's Soccer

Pos.	Name	Institution	Class	Hometown High School	Team	Previous Selections
F	Ari Green	St. Catherine	Sr.	Hastings, Minn.	First Team	--

2023 CSC Academic All-District Women's Soccer

Pos.	Name	Institution	Class	Hometown High School	Previous Selections
D	Phoebe Alva Rosa	Augsburg	So.	Jackson, Wyo. Jackson Hole	--
D	Grace Dickerson	Augsburg	So.	Northfield, Minn.	--
M	Hannah Hatfield	Augsburg	So.	Rogers, Ark.	--
D	Malia Neumann	Augsburg	Jr.	Mankato, Minn. West	2022
F	Jayla Ponce	Augsburg	Sr.	Kuna, Idaho	--
GK	Iz Shuster	Augsburg	Sr.	Waconia, Minn.	2022
D	Piper Dean	Carleton	Jr.	Arlington, Va. Yorktown	2022
M	Ashlyn Haigh	Carleton	So.	Kalamazoo, Mich. Portage Central	--
M	Kathryn Kresse	Carleton	So.	Woodside, Calif. Crystal Springs Uplands School	--
F	Casey MacVeagh	Carleton	Sr.	Thetford, Vt. Thetford Academy	2022
M	Cate Patterson	Carleton	Sr.	Racine, Wis. Prairie School	2022
D	Thea Traw	Carleton	Jr.	Portland, Ore. Catlin Gabel	2022
D	Darby Hannan	Concordia	So.	Bozeman, Mont.	--
D	Emily Larsen	Concordia	Jr.	West Fargo, N.D.	--
M	Sophia Robinson	Concordia	Sr.	Bozeman, Mont.	--
M	Lucie Henrich	Gustavus	Jr.	Shoreview, Minn. Mounds View	--
D	Sara Kugler	Gustavus	Jr.	Lakeville, Minn. North	--
M	Annika Lewis	Gustavus	Sr.	Hudson, Wis.	2022
F	Jordan Oelkers	Gustavus	Jr.	Byron, Minn.	2022
F	Gabriela Rodriguez	Gustavus	Jr.	Waseca, Minn.	--
M	Cambelle Waldspurger	Gustavus	So.	Mahtomedi, Minn.	--
M	Emily Hillis	Hamline	Sr.	Lakeville, Minn. North	--
F	Mia Brisbin	Macalester	Sr.	Los Angeles, Calif. Crossroads School	--
M	Maia Lemov	Macalester	So.	Delmar, N.Y. Bethlehem	--
D	Becky Mulcahy	Macalester	So.	Baltimore, Md. Roland Park Country School	--
D	Livi Novello	Macalester	Sr.	East Lansing, Mich.	2022
M	Ella Thomsen	Macalester	Sr.	Plato Alto, Calif.	--
M	Gabriela Valle	Macalester	Jr.	Compton, Calif. Chadwick School	--
D	Abby Willenbring	Saint Benedict	Sr.	Lino Lakes, Minn. Centennial	--

D	Ella Young	Saint Benedict	Sr.	Hudson, Wis.	--
M	Ari Green	St. Catherine	Sr.	Hastings, Minn.	--
M	Emily Hinze	St. Catherine	Gr.	Mendota Heights, Minn. Henry Sibley	--
M	Mallory Johnson	St. Catherine	Sr.	Farmington, Minn.	--
M	Kallan Tuominen	St. Catherine	Sr.	Roseville, Minn.	--
F	Ella Lahart	Saint Mary's	So.	Sherwood, Ore.	--
F	Samantha Munson	Saint Mary's	So.	Plain City, Utah St. Joseph	--
D	Maya Wachter	Saint Mary's	Jr.	Dubuque, Iowa Wahlert Catholic	2022
D	Katie Beaudry	St. Olaf	Sr.	Castle Pines, Colo. Rock Canyon	--
GK	Maddie Black	St. Olaf	Sr.	West Palm Beach, Fla. Suncoast Community	--
M	Cat Duffy-Shaw	St. Olaf	So.	Minneapolis, Minn. Holy Angels	--
D	Marit Klagge	St. Olaf	So.	Loveland, Colo. Thompson Valley	--
M	Marissa Lindaman	St. Olaf	Sr.	Winona, Minn.	--
F	Megan Timmerman	St. Olaf	So.	Eden Prairie, Minn.	--
D	Ella Achterkirch	St. Scholastica	Sr.	Rogers, Minn.	--
D	Ellie Keillor	St. Scholastica	Sr.	Shoreview, Minn. Mounds View	--
GK	Gracie Meagher	St. Scholastica	Jr.	Cloquet, Minn.	--
F	Kaitlyn Sautter	St. Scholastica	So.	Princeton, Minn.	--
M	Avery Sutton	St. Scholastica	Sr.	Minneapolis, Minn. St. Anthony Village	--
F	Tenley Voth	St. Scholastica	So.	Farmington, Minn.	--

2023 United Soccer Coaches Scholar All-America

Pos.	Name	Institution	Class	Hometown High School	Team	Previous Selections
F	Ari Green	St. Catherine	Sr.	Hastings, Minn.	First Team	--

2023 United Soccer Coaches Scholar All-Region

Pos.	Name	Institution	Class	Hometown High School	Team	Previous Selections
F	Ari Green	St. Catherine	Sr.	Hastings, Minn.	First Team	--

D	Emily Hinze	St. Catherine	Gr.	Mendota Heights, Minn. Henry Sibley	Third Team	--
D	Abby Willenbring	Saint Benedict	Sr.	Lino Lakes, Minn. Centennial	Third Team	2022